

Norman S. Heller | Partner
Matrimonial & Family Law

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Norman Heller is a partner in Blank Rome's matrimonial practice group and past chair of the firm's New York office. He represents high net worth individuals in negotiations and through trial in complex divorce, custody, support, and equitable distribution matters in New York and Connecticut.

Norman advises clients in all aspects of matrimonial law, including:

- Contested and mediated divorce and dissolution proceedings
- Equitable distribution, spousal maintenance, and related financial issues
- Custody, visitation, and child support
- Pre-nuptial, post-nuptial, and separation agreements

Norman also serves as a mediator for parties who desire to resolve their divorce, custody, and financial disputes amicably rather than through trial.

Norman writes on a variety of matrimonial law topics. He was a contributing author on post-nuptial and prenuptial agreements for *The Family Guide: Everything You Need to Know to Manage Your Business from Legal Planning to Business Strategies* (Palgrave Macmillan, 2010) and for *Strategies For Family Law in New York* (Aspatore, 2011). His articles include "Minimizing Divorce's Impact on a Family Owned Business," *Family Business Magazine*, Spring 2011; "Protecting Business Assets Using a Prenuptial Agreement," *Journal of Asset Protection*, Vol. 1 Number 3, Jan/Feb 1966 (Warren, Gorham & Lamont); and "Mandatory Pro Bono: Get Ahead by Giving Back," *New York Law Journal*, May 4, 2015. Norman often speaks at conferences to attorneys, accountants, and financial advisers on current legal issues in matrimonial law. Most recently, he participated at a program sponsored by the American Academy of Matrimonial Lawyers and the Association of

Family and Conciliation Courts. His presentation, “Cross-Examination of the Mental Health Forensic Evaluator Re: parenting capacities when one or both parents suffer from these difficulties” included a discussion and demonstration of the application of the AFCC Model Standards of Practice for Child Custody Evaluations.

Admissions

- Connecticut
- New York
- U.S. District Court - Eastern District of New York
- U.S. District Court - Southern District of New York
- United States Court of Appeals for the Second Circuit

Memberships

- American Academy of Matrimonial Lawyers
- Connecticut Bar Association
- Fairfield County Bar Association
- New York State Bar Association
- New York County Lawyers' Association

Education

- Haverford College, BA
- Boston University School of Law, JD

Recognitions

- 2008–2025, Family Law in New York, listed in *Best Lawyers in America*®
- 2020, 2024–2025, “Top 500 Leading Family Lawyers,” listed in *Lawdragon*
- 2017–2024, Band 1 for New York, Family/Matrimonial, listed in *Chambers High Net Worth*
- AV Preeminent, listed by Martindale-Hubbell
- Listed by *New York Metro Super Lawyers* magazine
- Family Law “Lawyer of the Year” in New York City, listed by *Best Lawyers*®

Professional Activities

Norman is a Fellow of the American Academy of Matrimonial Lawyers (New York Chapter). He is a former co-chairman of the Matrimonial Law Section of the New York County Lawyers' Association. Norman is a past president of the Naval Academy Parents' Club of Connecticut and a past president of the Greenwich Reform Synagogue.